

Letter from Langshott

Dear Friends & Creative Thinkers,

6th February, 2022

Question

Can you share with us an abiding life experience that you regard as transformational?

Iwas asked this question at one of my talks about 10 years ago, and here is why I write regularly about connectedness.

Answer

My most significant experience in the recent past is connected with the loss of vision in my left eye after being struck by a golf ball that shattered the cornea. In the ensuing attempts to revive the eye, the doctors performed a corneal graft as soon as a suitable donor was available. Unfortunately, the injury was so extensive that the graft failed although the donor cornea was a perfect match, and is still in the eye.

I consider that even after the unsuccessful graft, I am a recipient of an invaluable gift from a kind donor, albeit deceased.

Continued...

Since the transplant, my capacity to envision and understand life has gone to a different level. I have become noticeably more composed and rarely get too ruffled by any disappointments or difficult situations. I now read events and understand life from a different perspective and maintain self-control and equanimity. I sense in me more compassion for others and readily let go of things that would have been hurtful to my senses in the past. These changes have had transformational effects on my nature, personality, and interactions with people. I also came to terms readily with living life partially sighted without any regrets or feeling sorry for myself.

Hugely incredulous as it may seem, I believe that when an organ, such as a cornea, heart, or kidney, of one human is transplanted into another, it brings some innate personality traits of the donor to the recipient.

My conviction that there is connectedness at the deepest level of existence is now unwavering. The donor must have been a person with these qualities for I cannot think of any other reason for such a transformational change in me.

It is not a lie to say 'You and I are One'

Be blessed. Anil Kumar

A passage from The Sequel to 'Good Bye, Mr. Patel" by Anil Kumar First Published in 2018.

At the onset of spring, the eye will sparkle with delight at the sight of blossoming tulips, but the mind that is without illusion will at once see a whole new season.

"When we transcend all illusions of the material world, we are in a state of peace where we can manifest anything we want."

Most people think 'seeing is believing'. This is real to a mediocre mind, but the reality is 'believing is seeing'. This can be understood with an inquiry. Everything begins with a thought. What we experience is first constructed in the recesses of the mind. It is a fallacy to think what is in the mind is the result of what is first seen or experienced. The mind is the instrument for the creation, or rather manifestation, of our reality. The architect first designs in the recesses of his mind with a template of clear imagination and then supervises the builder to bring to reality the monument.

There's no reality except the one contained within us.

That's why so many people live unreal life.

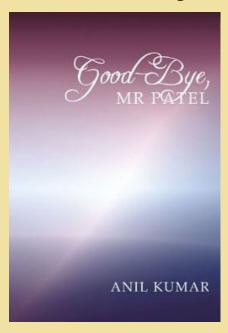
They take images outside them for reality and never allow the world within them to assert itself.

- Hermann Hesse

All things, all events are first conceived of or designed in the mind. Therefore, to change our reality - our world – we have to change what is in the mind.

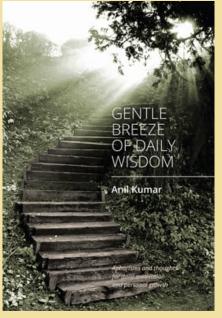
After several failed attempts by various eye specialists to revive my left eye, I was told by carers that my life would be restricted and I would have to come to terms with this reality. I began to believe it. Whilst this was well-intentioned, it was nonetheless a cockroach being planted unwittingly in my head. To reverse this I had to change my belief that I was rendered......

Books by Langshott (Anil Kumar)



Goodbye Mr. Patel

Hard Cover & E-Book



Gentle Breeze of
Daily Wisdom
Hard Cover



Goodbye Mr. Patel II - The Sequel

Hard Cover & E-Book

For older versions of Letter from Langshott, click here