



Langshott Leadership Foundation

Letter from Langshott

My Dear friends and creative thinkers,

22nd May, 2022

We're wiser when we simply observe life

Be still. Observe patiently. Let wisdom prevail.

You will then know that the glass is neither half-full
nor half empty... it's just the wrong size

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There are no friends or enemies in life, only messengers and teachers. Everyone we interact with has something to tell us or teach us regardless of whether we find them agreeable or disagreeable, regardless of what effects the interaction creates on us. They may be affable or unpleasant, repulsive or glowing with immense wisdom, but when seen with a discerning eye, they simply help create a setting in which we get a measure of ourselves – **what we are and we are not, what we should be and should never be.** Without the setting, we have no means to have any knowledge, self-improve, and grow from comparing and contrasting. This mind culture has a distinct advantage that it enables objective observation, deeper understanding, and non-judgmental acceptance of all leading to inner prosperity and profound wisdom.

How we react and respond to all kinds of situations in life is based on patience, calculated thought, and equanimity. It is all for our personal good and so we are induced to live perpetually in an inspired state of awe and gratitude. We learn and grow proactively from introspection, not reactively out of the maze of daily living. There is no right or wrong, no good or bad, no moral or immoral, everything just is. We live sculpted by our own selves in our own image, not as second-hand versions of others around us, but we remain eternally grateful to them for being part of the social scenery which gave us the mental nurture to become unique components of it.

Understanding life at this level and the interdependency of everyone in diversity has the effect of creating an emotional bond where passive unity can exist. **This mind culture bestows blissfulness and meaning to life and is a prerequisite for shifting from being self-actualized to self-realized.** It is postulated by many philosophical, spiritual, and enlightened thinkers that before the dawn of creation, Nature must have had an awakening of the awareness of Its own being and then an impulse to know Itself. But how could It know Itself if there was nothing to see Itself against? Is that why it has created man to live in a setting of diversity? More on this next week.

Be Blessed

[Anil Kumar](#)

A passage from The Sequel to 'Good Bye, Mr. Patel' by Anil Kumar First Published in 2018.

My mind is at a loss to provide an answer to why the event took place before my eyes, but I have uncovered how my inner-self is designed by Nature to respond to events. Every event I witness or experience provides a setting for gaining wisdom and getting a measure of self. As much as possible, I strive to be a witness – an observer – rather than let my total integral self get sucked into any circumstance, unless, of course, I am able to resolve the situation. I was not equipped to stop a life being taken ruthlessly.

For years I mulled over questions like “Why is Nature so heartless?” “Why is there no universal or plausible reason for a life being taken for a seemingly negligible act?” “Is there an ultimate reward and punishment in a higher realm?” My inner-self believed and still does, that the first step to gaining this wisdom is to learn to see, observe and witness all discombobulating events without judgment, but with patience, courage and equanimity. In the fullness of time answers will come and stand before me because the Universe has no choice but to respond to the powerful vibrations I have sent out. In the meantime, I have to maintain an open mind and accept that acts of any kind are the result of characteristics sown over years, maybe lifetimes, in the minds of the perpetrators. These tendencies cannot be changed at a stroke, but I can change the way I see and interpret the actions of others. An open mind opens doors to new avenues.

Is it not possible that the whole event was staged by Nature to add to my growth and unfoldment? Is it not possible that all the people involved in the drama were instruments of the Higher Force to act out their individual roles to fulfill Its agenda intended for me to witness and gain an understanding of life at a deeper level?