



Langshott Leadership Foundation

Letter from Langshott

17th October, 2021

My Dear friends and creative thinkers,

*“For a mastery over self, be a denizen of your mind”
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A denizen is a dweller of a particular place like a lion is to a jungle. Thus, a denizen of the mind is the one who works from their mind in full awareness of thoughts in it.

Nothing is greater in life than mastery over self which comes from living with and taking control of the mind. But firstly, one has to address the question – ‘who is the master of one’s mind, the self or the social environment?’ No doubt, the latter.

Mastery over self is a transition from being reactive to being proactive, which means taking responsibility for one’s actions, and thus destiny.

This entails challenging the validity of all the entrenched beliefs which have made a home in the mind. The conditioned mind decides one’s limits, what is right and what is wrong, one’s religion and god, and tribe and traditions and all that which defines a person.

When one’s mind is free of this inflicted baggage and allowed to seek its own truth without any fear of being castigated, mastery over self begins.

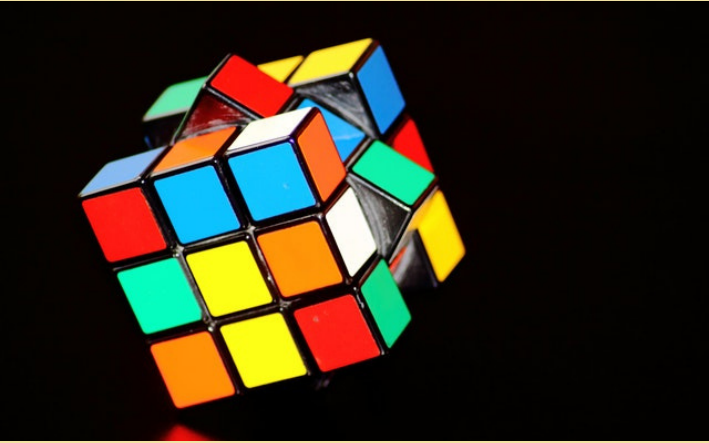
“The mind knows what the eyes will see, so to change your world, change your mind.” When the mind can be changed at will, mastery over it is underway.

Then you can ‘rock & roll’ to your own music.

Be blessed.

Anil Kumar

Blogs



The Mind

Whatever a human mind can conceive of actually exists. This is the limit of the human mind.

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The art of deliberate Manifestation

There is a great deal to learn from observing young children.

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Inspiration

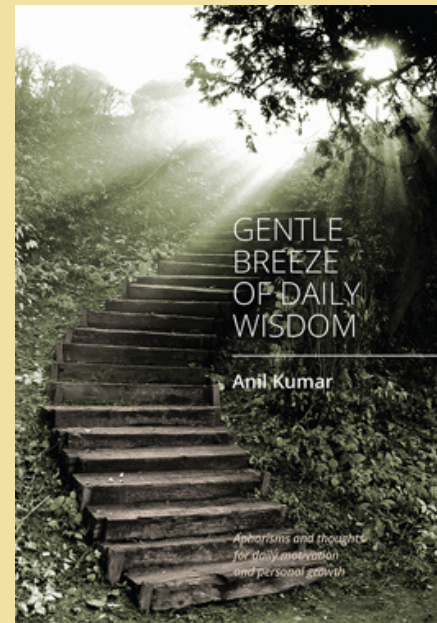


Books by Langshott (Anil Kumar)



Goodbye Mr. Patel

Hard Cover & E-Book



Gentle Breeze of Daily Wisdom

Hard Cover



Goodbye Mr. Patel II - The Sequel

Hard Cover & E-Book

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