



Langshott Leadership Foundation

Letter from Langshott

24th October, 2021

My Dear friends and creative thinkers,

“Has my life been worth anything?”

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This is the ultimate question that makes a home in the mind of almost everyone in the autumn of their life when they realize that they are side-lined from daily life and reduced to being a mere spectator of the humanity whizzing by. This question is an expression of a subtle kind of suffering. Despite all material comforts, they feel isolated, lonely, and sunk in low self-esteem, as they don't matter anymore. Their opinions are irrelevant for they lack modernity, their wisdom is not contemporary, and the world can run without them.

At first, this sense of **'unwantedness'** causes hurt to the spirit within. The subject person wants respect and recognition. In a state of resignation, they begin to come to terms with their impending end. Mysteriously, the wisdom accumulated over their lifetime comes to the rescue - the fear of dying dissipates. Death is embraced.

Wisdom says **'the fear is of parting with all the known, not of the unknown beyond death'**. This is attachment. Its very understanding makes everything accumulated and gained during the lifetime irrelevant and transitory. In the newly sensed state of abandon, the subject firstly begins to share their wisdom with their world. Finally, unrelenting in their frail state they shower them with blessings for goodwill is all they are left with, and all of a sudden their life appears to have been uncannily

'Precious and worth dying for' !!!!!

Be blessed.

Anil Kumar

Blogs



Honour The Spirit In All

To honour the spirit in all is one of my first intimate principles for creating a joyful life.

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Your Life is not about You

There is a great deal to learn from observing young children.

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Inspiration



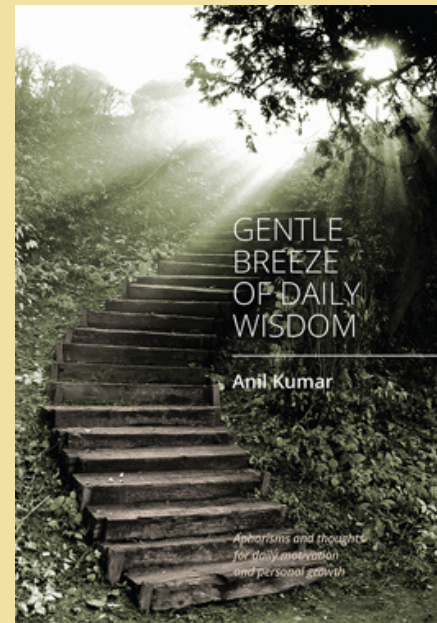
Bridges are not for burning, but for remaining connected.
Forgiveness is the contractor who mends them.

Books by Langshott (Anil Kumar)



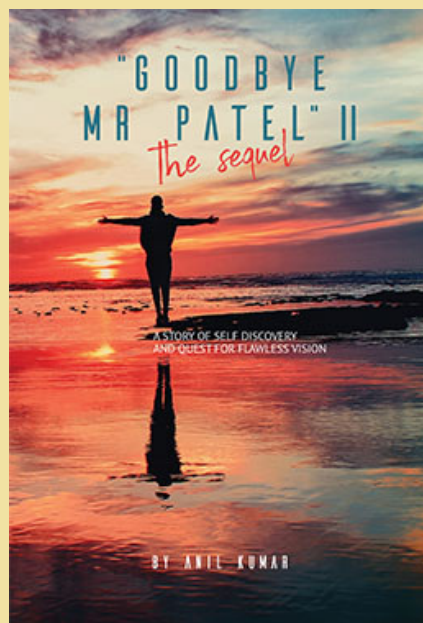
Goodbye Mr. Patel

Hard Cover & E-Book



Gentle Breeze of Daily Wisdom

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Goodbye Mr. Patel II - The Sequel

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