



Langshott Leadership Foundation

# Letter from Langshott

8th August, 2021

Dear Friends & Creative Thinkers,

A thought of deprivation with the self at the centre of it, burdened with a melancholy sigh of self-pity, will lift the lid on the inward revolving spiral of more misery for the subject to slide down into.

If one has any respect for and buys into the age-old wisdom,

*'As you think and feel, so shall you experience',*

one will understand that all of us are equipped with the power to create our destiny.

All that is asked is we remain consciously aware of our thoughts and emotions, and the moment we stray from thoughts of wellness and positivity, we knuckle-wrap ourselves and silently whisper,

*'get your butt into gear, and get back on the track'*

There is hidden treasure in your thoughts.

Try exploring!

Anil Kumar

# Blogs



## Self Empowerment

Self-empowerment is very simply a process of taking responsibility for and control of one's own deeds and actions

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## Goodbye Mr. Patel



## Goodbye Mr. Patel II The Sequel